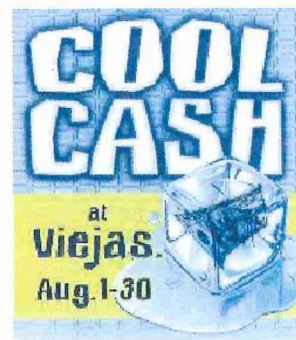


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AUGUST 26-
SEPTEMBER 1, 2010



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What's new in theatres?

Looking for family entertainment or something more suspenseful?

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and
"The Switch"
by Diana Saenger
and
'Vampires Suck'
by Michael Black
on pages 11 & 12



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Barona celebrates 40th annual Powwow

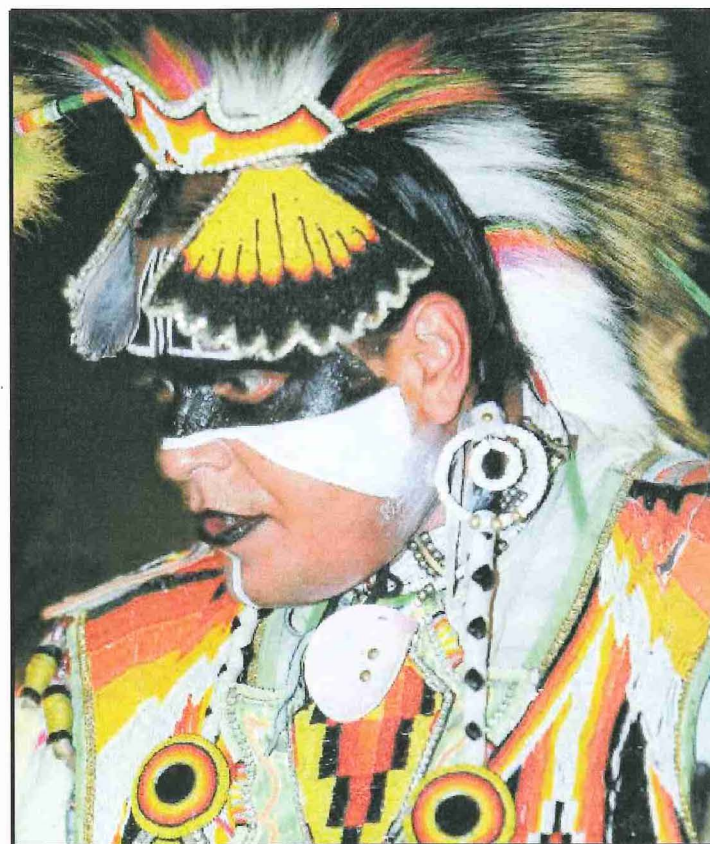
by Patt Bixby

Four decades have passed since the first Barona Powwow took place in 1970. On Labor Day weekend, Friday through Sunday, Sept. 3-5, the 40th Annual Barona Powwow will showcase traditional tribal dancers, singing and music from across the country. Native American food, handcrafted arts and jewelry will be on display.

The idea for a Powwow began in the late 1950s when a handful of Barona tribal members belonged to a group called Pacific Coast Indian Club. Tribal members who were interested in bringing this event to San Diego presented the idea to the Barona Tribal leadership. The first Powwow was held at the traditional gathering grounds, which is now the site of today's Barona Cultural Center and Museum, located at 1095 Barona Rd. in Lakeside.

The gathering has grown to a three-day event drawing more than 300 dancers and 10,000 in attendance. The word "Powwow" is an anglicized word derived from the Algonquian "Pau-Wau" or "pauau" (meaning, one who dreams) which

See POWWOW page 6
Ceremonial outfit worn at Barona Powwow.



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— LOCAL NEWS & EVENTS —

Bits and pieces around East County

Monday night the El Cajon Elk's Lodge, #1812, held their annual East County Law Enforcement Appreciation Night dinner and awards ceremony. Thirteen law enforcement representatives were honored.

For the El Cajon Police Department, Police Detective John Pearsley, hired by the City of El Cajon May 13, 1996, currently works in Family Protection & Crimes Against Children. He was recognized for his donated time and expertise with the San Diego

County Collision Investigators Association, as a presenter at Grossmont College in Physical Evidence of Traffic Collision Investigations, and the Grossmont College Forensic Club. He has been an instructor at the Citizen's Academy, as well as the Cadet Academy teaching Crimes of Violence. Accolades for his work include a Meritorious Unit Citation, a Medal of Valor, numerous commendations, Negotiator of the Year in 2007 and recognition by the Los Angeles County Sheriff's Special Victim Bureau and the San Diego DEA. Offi-

cer Pearsley is commended for his commitment to protecting and serving the residents of this community. He investigates every case with the same diligence and determination regardless of the nature of the crime. His work is measured by his everyday tenacity and compassion. He is an integral part of the El Cajon Police Department and a credit to the law enforcement field.

The other Officers honored include: U.S. Customs/Border Protection - San Diego - Supervisory Agent Bernardino



El Cajon - Mayor Mark Lewis, Detective John Pearsley and Councilmember Jillian Hanson-Cox.



(Left to Right) Sheriff William Gore, Detective John Whiteman, Detective Jason Rouse, and Captain Edward Musgrove.

Soto, San Diego County District Attorney's Office - Investigator Tom Morgans, La Mesa Police - Officer Cesar Delgado, San Diego County Probation - Deputy Probation Officer Shelly Christano, San Diego Sheriff's Office - Alpine - Deputy Cliff Laplant, San Diego Sheriff's Office Santee - Detective Jason Rouse & John Whiteman, San Diego Sheriff's Lemon Grove - Detective Pete Carillo, California High Way Patrol El Cajon Office - Officer Todd Neibert, U.S. Marshal, Southern California - Deputy

U.S. Marshal Toni Wheately, Sycuan Police Department - Officer Steve Webb, and a special recognition of San Diego Sheriff's Corporal William McFarland for his work with Sycuan.

Student member of Elks Antler Club honored

Samuel (Sam) Velazquez, a student at Valhalla High School and a member of the Elks Antler Club was recently honored in Australia by members of the Strathalbyn Lions Club. Sam who is a senior this

year at Valhalla has received academic honors in 9th and 11th grades. In athletics, he was named MVP on the freshman football defensive team, MVP on the Junior Varsity special teams as a sophomore, lettered in Varsity Football and named MVP on the Junior Varsity team. Also, Sam lettered in Diving and received the Most Improved Diver award. Among his volunteer activities are the Elks Antler Club, the Susan G. Kormen Leukemia Foundation, the San Diego Police Officer Association and the Salvation Army. Sam's career goal is to become a fire fighter.

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Powwow...



Children have their traditional dances as well. Photo credit: Debbie Norman

Continued from page 1 referred to a Native American council or religious meeting of spiritual leaders. The modern day Powwow is rooted in a Pawnee religious ceremony from the 19th century and was adopted by Omaha and others who added speech-making, gift giving and feasting. By the 60s and expansion of contact between Indian communities inter-tribal Powwow became more common and a tradition for natives who had lost many old traditions. It was seen as a nation-wide symbol of Indian identity.

The Powwow will be located one mile north of Barona Resort & Casino at the baseball field behind the Cultural Center and Museum. Making an appearance is the 2009-10 Princess Alyssa Okuniewicz. The schedule includes: Friday, Sept. 3 Gourd Dancing at 6 p.m.; Grand Entry 7 p.m. Saturday and Sunday; Sept. 4-5 Gourd Dancing at 1 and 6 p.m.; Supper Break 5-6 p.m. and Grand Entry at 7 p.m. The 49 contest is after the Saturday evening session. Admission and parking are free.

Lakeside round-up of events

by Patt Bixby

Project Connect

More than 100 people attended the Lakeside, Santee and El Cajon Project Connect event held at Harvest Christian Fellowship in Lakeside. Forty community-based social service agencies attended the one place, one day outreach, which provided information and services to citizens in crisis. East County Mental Health Services (homeless specialist), Lakeside Collaborative, the University of San Diego School of Law (free legal assistance to low and moderate income entrepreneurs) and Social Security & Veterans Disability provided information on specialized services.

Ed Eulundgren, chairperson for the event, hopes it will become an annual event. Along with 40 volunteers, Pastor Ralph (Harvest Temple), the Sheriff's Department, Crisis House and all the organizations who provided vital information to those in need made sure those attending received a bag of groceries, pet supplies and adult and children's clothing. Dental check-ups, chair massage and free books were available.

Woman's Club of Lakeside

The Woman's Club of Lakeside will sponsor a bunco and lunch to benefit the East County Family Justice Center's goal of helping families on Saturday, Sept. 25. Registration begins at 9:30 a.m.; bunco is at 10:30 a.m. at the Lakeside VFW at 12560 Lindo Lane. Cash prizes, silent auction, 50/50 drawing included for a \$20 donation. For tickets and information contact Chairperson Carolyn Bass (619) 443-4585 or email cbass25@cox.net.